

| UOM | Yellow Rice | White Rice | Original Chicken | Korean BBQ | Spicy Korean | Gyro Meat | Combo | Korean Combo | White Sauce | Green Sauce | Hot Sauce | BAP Sauce | BBQ | Lettuce | Cilantro Kimchi |
|-------------------|-------------|------------|------------------|---------------|---------------|-----------|---------------|------------------------|---------------|---------------|-----------|-----------|-----|---------|-----------------|
| Ounces | 8 | 8 | 4 | 4 | 4 | 2 | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 2 | 2 |
| Calories | 230 | 220 | 290 | 280 | 280 | 330 | 310 | 310 | 110 | 60 | 45 | 150 | 50 | 10 | 50 |
| Calories from Fat | 15 | 10 | 160 | 160 | 160 | 230 | 190 | 190 | 100 | 50 | 0 | 140 | 0 | 0 | 10 |
| Carbs (g) | 48 | 49 | Less than 1 g | 1 | 1 | 11 | 6 | 6 | 2 | 1 | 10 | 2 | 12 | 2 | 9 |
| Proteins (g) | 4 | 4 | 28 | 29 | 29 | 14 | 21 | 21 | Less than 1 g | 0 | 2 | 0 | 0 | 0 | 1 |
| Fats (g) | 1 | 1 | 18 | 18 | 18 | 25 | 22 | 21 | 11 | 6 | 0 | 16 | 0 | 0 | 1 |
| Saturated Fat (g) | 0 | 0 | 5 | 5 | 5 | 10 | 7 | 7 | 2.5 | 1.5 | 0 | 3 | 0 | 0 | 0 |
| Trans Fat (g) | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Sugar (g) | 0 | 0 | 0 | Less than 1 g | Less than 1 g | 1 | Less than 1 g | Less than 1 g | 2 | Less than 1 g | 5 | 2 | 8 | 2 | 6 |
| Dietary Fiber (g) | 0 | 0 | 0 | 0 | 0 | 1 | Less than 1 g | Less than 1 g | 0 | 0 | 2 | 0 | 0 | 0 | 1 |
| Sodium (mg) | 20 | 15 | 480 | 710 | 620 | 220 | 350 | 460 (KBBQ) / 420 (S.K) | 110 | 35 | 65 | 170 | 380 | 5 | 240 |
| Cholesterol (mg) | 0 | 0 | 105 | 105 | 105 | 55 | 80 | 80 | 10 | 10 | 0 | 15 | 0 | 0 | 0 |