

Our talented catering culinarians have taken advantage of autumn flavours by creating delightfully new dishes featuring the best of the season. These delicious dishes are available for a limited time only. Contact our catering department to schedule your next event with delicious food and impeccable service. To place an order or speak with the Catering department, you can order on-line at: binghamton.catertrax.com or call 607.777.2925.



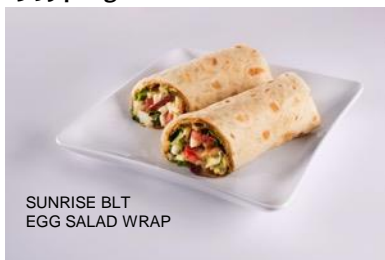
BREAKFAST Á LA CARTE SELECTIONS & ADD ONS

Sunrise BLT Egg Salad Wrap 1 Wrap | 740 cal

A flaky flatbread with herbed egg salad, crispy bacon, fresh tomato, sun-dried tomato pesto and mixed baby greens
\$5.39 per guest

Honey Red Berry Yogurt Parfait V 1 Parfait | 260 cal

Vanilla Greek yogurt topped with red berry cereal and toasted almonds with a honey drizzle
\$3.59 per guest



SUNRISE BLT
EGG SALAD WRAP

HORS D' OEUVRES

Minimum order is 4 dozen

Grilled Jerk King Trumpet Mushrooms V 1 Serving | 160 cal

Grilled king trumpet mushrooms seasoned with jerk spices topped with jalapeños and scallions
\$18.09 per dozen

PREMIUM ADVENTURE BOX TAKEAWAYS

Mediterranean Traveler V Adventure Box

1 Box | 340 cal

Take a dip! Baked pita chips served with baba ghanoush, hummus and a side of kalamata olives
\$5.39 per guest

PREMIUM TAKEAWAYS SALADS & SANDWICHES

Jalapeño Chicken Wrap 1 Wrap | 600 cal

Red pepper & lime chicken salad, mashed black beans, jalapeño peppers & cheddar cheese on a hearty grain tortilla
\$9.75 per guest

Muffaletta 1 Sandwich | 770 cal

Spicy sopressata, genoa salami, prosciutto, mortadella, ham, provolone and olive spread on ciabatta
\$10.75 per guest

Roasted Squash, Apple & Chicken Salad 1 Salad | 420 cal

Greens, butternut squash, chicken, cranberries, apples and parmesan cheese with apple cider vinaigrette and pita crackers
\$12.50 per guest

PREMIUM TAKEAWAYS SALADS & SANDWICHES CONT.

Roasted Vegetable Hummus V Baguette

1 Sandwich | 660 cal

Roasted broccoli, cremini mushrooms and eggplant with hummus, feta cheese and romaine lettuce on a baguette
\$9.65 per guest

Grilled Chicken, Fig & Bleu Cheese Salad

1 Salad | 580 cal

Greens, oranges, figs, walnuts, bleu cheese & chicken served with fat-free raspberry vinaigrette and pita crackers
\$12.50 per guest

Turkey, Pear & Freekah Salad 1 Salad | 570 cal

Baby kale, roasted turkey, herbed freekah, bosc pears, carrots and almonds served with low-fat balsamic dressing
\$12.50 per guest

SPECIALTY STATIONS

Minimum group size is 25.

Overnight Oats Bar 1 Serving | 150-560 cal

Honey sweetened overnight oats with your choice of tasty toppings!
\$5.39 per guest

SERVED LUNCHEONS & DINNERS

Pork Tenderloin, Sweet Potato & Rapini 1 Plate | 340 cal

Latin-spiced pork tenderloin served with sweet mashed potatoes and sautéed broccoli raab. Includes a starter salad, dessert, and beverage
\$19.89 per guest

Pan-seared Chicken Breast with Asparagus 1 Plate | 680 cal

Seared crispy skin-on chicken breast with cranberries and leeks in a light cream sauce served with risotto and asparagus. Includes a starter salad, dessert, and beverage
\$19.89 per guest

Seared Salmon with Kale and Quinoa Salad 1 Salad | 440 cal

Seared salmon filet over kale quinoa salad tossed with lemon dill vinaigrette and garnished with pickled red onions. Includes a dessert and beverage
\$16.50 per guest

DESSERTS

Banana Nutella Trifle 1 Dessert Cup | 230 cal

Crumbled chocolate cake layered with Nutella mousse, sliced bananas and topped off with a Nutella drizzle and chocolate chips
\$3.59 per guest

VG VEGAN V VEGETARIAN M MINDFUL

• 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available.

Binghamton University Catering Services

607.777.2925

Binghamton.Catertrax.com

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www.BinghamtonUdining.com

@BingCampusFood

Consult with our catering team on adding a soup du jour to your package for an additional \$2.89 per guest.



FLAVOURS



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